

Autumn Newsletter 2011

Issued: November 2011

Version 3

Special points of interest:

- Minor Illness Clinic
- Early Morning appointments
- One stop clinic for patients with Diabetes
- Pre School Booster catchup

Your Appointment with the doctor

One appointment one problem.

Early Morning Appointments

We are now open most Monday and Tuesday mornings at 7 am for pre booked appointments. This is popular with patients who need to fit appointments around work commitments.

Patient Forum

As patients, we have the opportunity to join the Patient Forum which meets twice a year. If you want to be involved but don't have time, you can join the 'Virtual Patient Forum'. The practice needs your views to help them to remain patient focused. If you would like to take part, pick up an application form from the reception desk. The form is called:

'Have Your Say'

Minor Illness Clinic

Our Minor Illness Clinics are very popular with patients who find that they can be seen, usually the same day, for the following conditions. Appointments can also be booked online:

Bladder: Cystitis, Urinary Tract Infection

Upper Respiratory Tract: Sore throat, Earache, Sinusitis, Cough, Asthma, Hay-fever, Nose bleeds, Fever

Head, Neck & Back: Headache, Dizziness, Neck Pain, Back Pain

Eyes: Sore eyes, Styes

Skin & Mouth: Rashes, Eczema, Infected wound/Cellulitis, Head Lice, Insect Bites & Stings, Sunburn

Abdomen: Diarrhoea and/or Vomiting, Constipation, Threadworms

Womens Health: Vaginal discharge, Contraception, Emergency Contraception

To book into this clinic, please ask the receptionist for an appointment or book online in the '**Minor Illness Clinic**'

Flu Season

Every year we offer a free flu jab to patients aged 65 and over and patients who have one or more of the following conditions: Chronic lung conditions, Diabetes, Heart, Kidney or Liver disease, lowered immunity due to disease or treatment, those who are the main carer for an elderly or disabled person. Have you made your appointment? Stocks are running low.

New One Stop Clinic for patients with Diabetes

Patients who attend the Diabetic clinic for their annual review will now have their Hypertension/Asthma/Heart conditions reviewed at the same time to save making additional appointments throughout the year. We will be working towards offering your annual review appointment in the same month as your birthday to make it easier to remember.

Shared Care Record

It is likely that the new government will continue with this project. There will be a 3 month consultation period before it is time to have your records uplifted onto the Shared Record Site. We suggest that you wait until the information is sent to you and then if you decide not to take part, you can access the opt out form through this link:

<http://www.nhscarerecords.nhs.uk/options/optoutform.pdf>

On Line booking of appointments and ordering of repeat prescriptions

Patients find it very easy to book their appointments and to order their repeat prescriptions through our website:

www.danetremedicalpractice.co.uk

If you have not already registered to use this facility, ask the receptionist to print off a registration form that gives you the information on how to create an online account to book appointments and request repeat prescriptions.

Useful Information

Has your child had their Pre School Booster?

Your child should have this vaccination between the ages of 3 and 5 years old and before they go into school.

If your child has not had this important vaccination to protect against life threatening diseases, please make an appointment now.

If you are unsure what vaccinations are due, Jenny will be pleased to advise—Tel: 708545

Our immunisation clinic is held every Thursday afternoon and you can drop in between 1.30 and 2.30 pm or make an appointment. Alternatively you can make an appointment with Alison our Nurse Practitioner any weekday apart from Wednesdays.



Are you a Carer?

We now have a Support Worker attached to our Practice and your doctor can refer you for support, information and advice or you can self refer.

Please let your doctor know that you are a carer.

You can contact the Support Worker on:
01604 637944

<http://www.wholooksafteryou.co.uk/carer.referral@nhs.net>

LAST MINUTE HOLIDAY?

Don't leave it too late, book your travel vaccination appointment now.

Hearing Aid Batteries: Penny keeps a supply of hearing aid batteries, so if you require this service, there is no need to go to the hospital. Penny can be contacted on: 708531 (mornings) and is based in the secretarial department.

Disabled Parking Bays: These parking spaces are reserved for those displaying a blue badge only.

Wheelchair Hire: The British Red Cross loan wheelchairs for a small donation and can be contacted on 01604 678 500

Can't make your appointment?

A big thank you to those patients who cancel their unwanted appointments. These appointments are then offered to patients who need them.

Cancellation Line: 708537

Fitness for Fun and Living

Walks are normally an hour or so and details are in the schedule of planned walks organised by Daventry District Council.

Further information:

<http://www.daventrydc.gov.uk/leisure-and-culture/sport-and-physical-activity/health-walks/>



Ask the Receptionist for an appointment with the **Nurse** for the following conditions:

- Cystitis
- Thrush
- Smears
- HRT
- Contraception
- Pill checks
- Travel advice
- Dressings
- Suture removals
- Minor Injuries
- Smoking Cessation follow-up
- Blood pressure monitoring
- Asthma reviews
- Diabetic reviews
- COPD reviews

Useful Contacts

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| Danetre Medical Practice: | 703333 | Appointment cancellations: | 708537 |
| Prescription queries (10-12 am or 2-4 pm): | 708544 | (you can cancel your appointment online too) | |
| <u>Secretary to:</u> | | | |
| Dr Viira | 708531 | Test Results (10.30–11.30 am Mon-Wed & 1–3 pm Mon-Fri) | 708541 |
| Drs Jeffers & Ketchin | 708533 | | |
| Dr James, Butler & Bennett | 708532 | NHS Direct: | 0845 4647 |
| Drs Seow & Heer | 708534 | Out of Hours: | 03336 664 664 |

Useful Websites

www.danetremedicalpractice.co.uk

www.carers.org/help-directory/

www.northamptonshire-carers.org

www.nhs.uk/lifecheck

www.daventry-and-district.diabetesukgroup.org