

Research Newsletter



danetremedicalpractice

Working together for better healthcare

Email: dmp.research@nhs.net

Website: www.danetremedicalpractice.co.uk

Telephone: 01327 703333



Welcome to the Autumn/Winter Edition of the Research Newsletter. We hope you enjoy reading through and finding out what's happening within **YOUR practice**

Issue Autumn / Winter 2016

Welcome

Welcome to our Autumn / Winter Research Newsletter.

As some of you may or may not know, Dr Lesley Jeffers retired in September. She was our GP Research Lead for 18 months and, as a research team, we were sad to see her go. She worked very hard to attract studies into the practice and raise the profile of research at DMP and locally. We wish her all the best in her retirement.

Stepping into the role of GP Research Lead is Dr Amy Butler, I'm sure you'll join us in giving her a warm welcome.



Exciting times are ahead for research!!

Participation in clinical research in whatever small way is appreciated, and if you ever want to know more, I am more than happy to answer questions, so why not drop me an e-mail dmp.research@nhs.net

Participation in any study is entirely voluntary, and your decision to take part or not will not affect the care you receive here at Danetre Medical Practice. It is important that you tell your GP or Nurse that you are on a study if you come to see them so they can let the research team know. Your reason for seeing a healthcare professional may be important in terms of the study.

Should you be suitable for any studies currently recruiting, we will contact you. Unfortunately, many research studies are carried out on very specific groups of people, and so, although you may be keen to take part, you may not meet the recruitment criteria. Do not hesitate to get in touch with any of the Research team should you have any queries, or see something which you may be interested in.

*Why not drop us a line and let us know what prompted you to take part, how you found the research process and how taking part has been of benefit, or if you are currently taking part in a study, how about keeping a diary. Any feedback would be helpful.

Laura Hopwood

BRIT Study

BRIT Study

This is a study run by the University of Birmingham looking at brain changes associated with mental health. They are looking for volunteers aged 16-35yrs and involves:



UNIVERSITY OF
BIRMINGHAM

- MRI sessions
- Interviews and questionnaires
- 2 Visits over 12 months

This is a study you can refer yourself to by contacting:

- Call or text – 07934996686
- E-mail – brit@contacts.bham.ac.uk

REACT (Relatives Education and Coping Toolkit Study)

This is a study sponsored by a team from Lancaster University and Lancashire NHS Foundation Trust.

The study is evaluating an online toolkit for relatives of people with Psychosis and/or Bipolar Disorder. The aim of the study is to test the effectiveness of REACT for reducing relatives' distress and explore the costs involved in delivering this toolkit.

Dr Gareth James • Dr Judith Viira • Dr Amy Butler • Dr Trudy Lewis

Managing Partner – Mrs Jo Gilford

If you are 16 or over and:

- have a relative with Psychosis and/or Bipolar Disorder
- have access to the internet
- can understand written and verbal English

Please visit the REACT website for further information or register

www.reacttoolkit.co.uk

Join Dementia Research (JDR) Campaign

Throughout October, we will have a stand in the practice promoting “Join Dementia Research”. This is a national campaign which encourages **EVERYONE** to sign up and take part in Dementia Research. Anyone, with or without Dementia, can register their interest as a volunteer. Volunteers must be over 18, and you can also sign up someone else, providing you have their consent.



Join Dementia Research is designed to match people to appropriate research studies using your personal information. There are over 70 active studies into Dementia at the moment, which require dementia patients and healthy controls. We are very lucky in Northamptonshire, as our local trust, NHFT, is one of the

most active in Dementia research nationally. You will be informed of any studies which match your details and you can decide whether or not you wish to take part.

You can complete a registration form here in the practice which we can send off, or you can access the JDR website to register:

www.joindementiaresearch.nihr.ac.uk

or you can contact Alzheimers Research UK – 0300 111 5111

or the Alzheimers Society – 0300 222 1122 to ask for more information or register by phone.

PREDICT study

This is a new study which will be using a Facial Recognition Tool, in comparison to usual care, to monitor the effectiveness of antidepressant medication. If you are over the age of 18 and are seeing the GP for a new episode of depression, he or she may give you an information leaflet about the study to consider. If you are interested, they will book you in with the Research Nurse in the next few days. Patients must agree **not** to start taking antidepressant medication until they have seen the Research Nurse.

FLUENZ Nasal Vaccine Safety Study

This is a study sponsored by Astra Zeneca who are looking for any side effects from the nasal ‘flu vaccine. Safety studies are very common for medications which are already available, it doesn’t mean there is anything to worry about, they just want to gather data on the vaccine in “real-life” use.

If you have a child aged 2-17yrs old who is receiving the nasal ‘flu vaccine, you will be given an information pack. This pack contains a Safety Report Card which you can complete and post back to Astra Zeneca should you think your child has had any side-effects from the vaccine.

Clinical Cube

This is a Clinical Research Organisation who carry out studies by employing anonymised data collection from the practice computer system. This data is anonymised to maintain confidentiality and is used to inform local and national policy and strategy regarding how different conditions and disease are treated. The purpose of this is to monitor outcomes and identify best practice.

The Research team have an “open door” policy whereby you can get in touch with us and discuss any studies before you commit to taking part. You will never be pressurised.

Laura, the Research Nurse is available Tuesday and Thursday 9am – 3pm

01327 703333 x6215
dmp.research@nhs.net

So if you call or e-mail, you may not get an instant response. One of us will aim to get back to you as soon as we can, so please let us know the best way to contact you and at what times,

Many thanks. Laura Hopwood